

Greco-Roman Feast: Resources

Shelby Brown

THE ARCHER SCHOOL FOR GIRLS
LOS ANGELES, CALIFORNIA

FOOD, COOKING, DINING

Bender, Henry V., and Phyllis Forsyth. 2005. *Catullus Expanded Edition*. Wauconda, IL: Bolchazy-Carducci Publishers. See p. 23 for an illustration of the layout of Roman dining couches and the positions of diners, as well as for the text of poem 13 about dining.

Dalby, Andrew, and Sally Grainger. 2002. *The Classical Cookbook*. Los Angeles: The J. Paul Getty Museum. A good reference for Greek and Roman recipes and resource on ancient authors translated into English. The text is amply illustrated with ancient images and the authors provide comments on the context of buying and cooking food and of dining in the ancient world.

Garnsey, Peter. 1999. *Food and Society in Classical Antiquity*. Cambridge: Cambridge University Press. A serious historical look at food from biological/nutritional as well as cultural perspectives.

Giacosa, I.G. 1992. *A Taste of Ancient Rome*. Foreword by M.T. Simeti. Trans. by A. Herklotz. Chicago: The University of Chicago Press.

Grant, Mark. 1999. *Roman Cookery: Ancient Recipes for Modern Kitchens*. London: Serif. Offers an overview of Roman authors and useful commentary on recipes and ingredients.

John Green (illustrations) and Kaufman, William (text). 1997. *Life in Ancient Rome* (Dover Coloring Book). New York: Dover Publications. See p. 23 for a fun, although not particularly clear and accurate illustration of a feast.

McLeish, Kenneth. 1978. *Food and Drink. Greek and Roman Topics 7*. London: George Allen & Unwin Publishers. A brief overview of food and culture, suitable for classroom use. Useful in providing Greek as well as Roman recipes.

Renfrew, J. 2004. rev. ed. *Roman Cookery: Recipes & History*. With a Foreword by L. Grossman, OBE. London: English Heritage. Manageable recipes and an historical overview.

Ricotti, Eugenia Salza Prina. 1999. *Dining As a Roman Emperor*:

How to Cook Ancient Roman Recipes Today. Rome: L'Erma di Bretschneider. Has a good introductory glossary of ingredients and terms.

Segan, F. 2004. *The Philosopher's Kitchen: Recipes from Ancient Greece and Rome for the Modern Cook*. New York: Random House. Adaptations of recipes to modern tastes and kitchens; usefully includes Greek recipes.

Steele, Philip. 1994. *Food and Feasts in Ancient Rome*. New York: New Discovery Books (Simon & Schuster). Designed for students, and will probably work well for 5th through 9th grades; well-illustrated, with a greater focus on growing, preparing, and serving than on recipes.

FUN FOR COMPARISON:

Bottero, J. 2004. *The Oldest Cuisine in the World: Cooking in Mesopotamia*. Trans. by T.L. Fagan. Chicago: The University of Chicago Press.

Greek and Roman Clothing

Bonfante, Larissa. *Let's Wrap: 100 Years of Roman Costume*. Southwestern Ohio Instructional Technology Association. Currently being revised.

Hope, Thomas. 1986. *Costumes of the Greeks and Romans*. New York: Dover Publications. Good illustrations, although it can be difficult to tell the dates of the clothing. Includes Greek and Roman dress.

Koda, H. 2003. *Goddess: The Classical Mode*. New Haven: Yale University Press. Fun look at modern couture based on classical styles.

Liber Romanus Pingendus: *A Coloring Book of Rome*. 1999. Santa Barbara, CA: Bellerophon Books. Selected images of Roman citizens and emperors showing hairstyles and dress.

Sebesta, Judith Lynn, and Larisa Bonfante. 2001. *The World of Roman Costume*. Madison, WI: The University of Wisconsin Press. See especially Norma Goldman, "Reconstructing Roman Clothing," pp. 213–237, for how to make a *peplos*

LESSON PLANS

(fig. 13.13; 13.15a and b) and a *toga* (fig. 13.19); instructions can be provided for guests. This is a very helpful source for reconstructing the ancient evidence.

Sichel, Marion. 1980. *Costume of the Classical World*. New York: Chelsea House Publishers. Useful pictures and explanations, Greek and Roman.

Symons, D.J. 1987. *Costume of Ancient Rome: Costume Preference*. New York: Chelsea House Publishers.

Tierney, Tom. 2001. *Greek and Roman Fashions* (Dover Pictorial Archives). Mineola, New York: Dover Publications. A fun coloring book showing fashions and hairstyles.

Tierney, Tom. 1998. *Ancient Greek Costumes: Paper Dolls*. Mineola, New York: Dover Publications.

General Information About Dining, Dining Rooms, and Diners

Connolly, Peter. 1997. *Pompeii*. Oxford: Oxford University Press.

Jenkins, Ian. 1986. *Greek and Roman Life*. Cambridge, MA: Harvard University Press.

USEFUL, FUN, AND RIDICULOUS SOURCES FOR LATIN PHRASES, RIDDLES, AND MOTTOES

Serious

Traupman, John C. 2007. *Conversational Latin for Oral Proficiency*. Second edition. Wauconda, IL: Bolchazy-Carducci Publishers.

Sillier

Beard, Henry. 2004. *Latin for All Occasions (Lingua Latina Occasionibus Omnibus)*. New York: Gotham Books.

Beard, Henry. 1991. *Latin for Even More Occasions (Lingua Latina Multo Pluribus Occasionibus): Even More of Everything You'll Ever Need to Say in Perfect Latin*. New York: Villard Books.

Beard, Henry. 2004. *X-Treme Latin (Lingua Latina Extrema): Unleash Your Inner Gladiator*. New York: Gotham Books.

Ehrlich, Eugene. 2001. *Veni, Vidi, Vici: Conquer Your Enemies, Impress Your Friends with Everyday Latin*. New York: HarperCollins Publishers.

Ehrlich, Eugene. 1995. *Amo, Amas, Amat and More: How to Use Latin to Your Own Advantage and to the Astonishment of Others*. New York: Harper & Row, Publishers.

Lovric, Michelle, and Nikiforos Doxiadis Mardas. 1998. *How to Insult, Abuse, and Insinuate in Classical Latin*. New York: Barnes & Noble Books.

McMahon, Sean. 1995. *Carpe Diem: Seize the Day. A Little Book of Latin Phrases*. San Francisco: Chronicle Books.

O'Mara, ed. Translated by Rose Williams. 1999. *Which Way to the Vomitorium?* New York: St. Martin's Press.

Phillips, L. (compiled by), and S. Shechter (translated by). 1988. *Latin Riddle Book: Aenigmatorum Liber Latinorum*. New York: Harmony Books.

HARRY POTTER IN LATIN AND GREEK

Useful for reciting in English, Latin, and Greek; other well known texts can be substituted, such as *Ferdinand the Bull*, *The Little Prince*, Dr. Seuss books, and fairy tales.

Rowling, J.K. 1997. *Harry Potter and the Sorcerer's Stone*. New York: Scholastic Press.

Rowling, J.K. Translation by Peter Needham. 2003. *Harrius Potter et Philosophi Lapis*. New York: Bloomsbury Publishing.

Rowling, J.K. Translation by Andrew Wilson. 2004. *Αρειος Ποτηρ και η του Φιλοσοφου λιθος*. New York: Bloomsbury Publishing.

HERCULES

Blaisdell, W., and J. Green. 1997. *Adventures of Hercules*. 1999. Mineola, NY: Dover Publications, Inc.

Petrucchio, Steven. James. 1998. *Hercules Tattoos (10 Safe, Waterproof Designs)*. Mineola, NY: Dover Publications. 31 East 2nd St., Mineola, NY, 11501, ISBN 0-486-40010-7 (\$1.00 for 10 tattoos).

CLEOPATRA

Gosciny, Rene. 2004. *Asterix and Cleopatra*. London: Orion Press.

Tierney, Tom. 2002. *Cleopatra Paper Doll*. Mineola, New York: Dover Publications.

ARCHAEOLOGY MAGAZINE RESOURCES

See www.archaeology.org:

Nov./Dec. 2004: Julie Powell, "The Trouble with Blood: A Modern Chef Takes on the Challenge of Ancient Cooking."

Nov./Dec. 2001: Deborah Ruscillo, "Decadent Dining the Roman Way; Stuart Fleming, "Savoring the Grape."